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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Assorted Sandwiches & Salads  Yogurt Parfait | **Bold Indicates Fresh Produce is Used!** | **Lunch is paid this year - $3.50 per lunch, free for those free and reduced meals** | **BREAKFAST IS FREE FOR ALL!! One meal per student, second breakfast is $2.00** | **Every Day Offerings:**  **Assorted Fresh Fruit**  **Rainbow Veggie Tray**  Canned Fruit  **Twice Per Week:**  100% Fruit Juice | 1  Cheese Pizza  Buffalo Chicken Pizza  **Garden with Ranch** |
| Assorted Sandwiches & Salads  Yogurt Parfait | 4  WG Mac & Cheese  WG Breadstick  **Italian Green Beans** | 5  Sweet & Sour Chicken  Brown Rice  Oriental Vegetable Blend | 6  **New!!!**  Penne Rosa (penne in a creamy tomato sauce)  Steamed Broccoli  Cheese filled Breadstick | 7  Chicken Nuggets  Tater Tots  Seasoned Corn  Ketchup | 8  Personal Cheese Pizza  **Cucumber & Tomato Salad** |
| Assorted Sandwiches & Salads  Yogurt Parfait | 11  Mozzarella Sticks  Marinara Sauce  **Garden Salad with Ranch** | 12  Chicken Smackers  Mashed Potatoes  Steamed Corn  WG Honey Biscuit | 13  Grilled Cheese  Crinkle Cut Fries  **Corn and Tomato Salad**  Ketchup | 14Shamrock Vector Icon Stock Illustration - Download Image Now - Clover,  Vector, Clover Leaf Shape - iStock  **Shamrock Nuggets**  **Smile Fries**  **Shamrock Pretzel**  **Green Grapes** | 15  Cheese Pizza  Pepperoni Pizza  **Garden with Ranch**  Spring Break - No School | Reynolds School District - Oregon |
| Assorted Sandwiches & Salads  Yogurt Parfait | 18  Cheeseburger  Potato Wedges  **Steamed Broccoli**  Ketchup  **Plant Powered Option: Veggie Burger!** | 19  Pizza Crunchers  **Oven Roasted Zucchini**  LF Cheese Stick | 20  Grandma’s Pasta and Meatballs  WG Garlic Knot  **Parmesan Roasted Cauliflower** | 21  French Toast Sticks  Oven Roasted Potatoes  Chicken Sausage Patties  Maple Syrup | 22  Wild Mike Bites  Marinara Sauce  **Caesar Salad** |
| Assorted Sandwiches & Salads  Yogurt Parfait | 25  Crispy Chicken Ranch Wrap  Potato Wedges  **Orange Cinnamon Carrots**  Ketchup | 26  **New!!!** Mini Pizza Bagels  Curly Fries  Steamed Broccoli | 27  Homemade Pasta and Meat Sauce  WG Breadstick  **Cheesy Squash** | 28  Meatball Grinder  Sweet Potato Fries  **Roasted Ranch Broccoli** | Spring Break - No School | Reynolds School District - Oregon29 |



**Menu is subject to change. This institution is an equal opportunity provider.**

**Parents can make payments, check transactions or apply for free and reduced meals online @ linqconnect.com**

**THOMASTON CENTER SCHOOL MENU – MARCH 2024**